# Use of Instructional Materials and Educational Performance of Students in Integrated Science (A Case Study of Unity Schools in Jalingo, Taraba state, Nigeria)

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**Abstract:** This study examined the use of instructional materials and educational performance of students in Intergrated science in unity schools in Jalingo, Taraba state. The population consisted of 249 students in the junior section of Federal science and Technical college Jalingo. The researcher and one other teacher in the school used experimental design of the pre-test and post test sessions. The post –tests mean scores were compared using a Z-test statistical analysis. Findings revealed a statistical significant difference in the mean scores.

Key Words: Instructional materials, educational performance, Intergrated science, Unity schools

## I. Introduction

#### 1.1 Background of the study

Science is the bedrock of technological development. [1] defined science as a dynamic human activity concerned with understanding the working of our world today. Countries all over the world are striving to improve their technological know-how and this can only be achieved through a solid foundation in science and technology studies. Having a solid foundation in sciences entails making students have keen interest in science (by extension Integrated Science) right from their Junior Secondary School level of education.

Many research findings have shown that Secondary School Students exhibit dwindling interest in science subjects [2]. [3] cited by [4] reported that researches on the reasons for the lack of interest in science among students included: lack of qualified teachers, lack of practical works, insufficient allotment of time for Integrated Science on the school time-table and poor method of teaching, non/poor use of instructional materials etc. These he maintained were among the major factors militating the successful implementation of the core curriculum in Integrated Science. For a start, there was therefore, the need to investigate the effects of the use of instructional materials on students' performance in Integrated Science. Thus, this work was designed specifically to unveil the effects of use of instructional materials on students educational performance in Integrated Science.

#### 1.2 Purpose of the study

Specifically, this study sought to find out the effects of the use of instructional materials on the educational performance of Junior Secondary School Students in Unity Schools in Jalingo, Taraba State.

#### 1.3 Statement of the purpose

This study tried to determine the extent to which the use of instructional materials influences educational performance of students in Integrated Science.

#### 1.4Significance of the study

This study:

- i. Determined, for the first time, the extent to which the use of instructional materials effects students' performance in Integrated Science.
- ii. The suggestions that emanated from the result of its findings would help both teachers and students in the processes of teaching and learning Integrated Science.
- iii. Also, the suggestions emanating from the result of its findings, if adequately implemented would help government in policy planning, science curriculum development and implementation.

#### 1.5 Limitation of the study

At the course of this study, the researcher was faced with the following constraints:

i. <u>Finance</u> – The cost of going on the internet to get information as well as the cost of producing improvised workbook for all the Junior Secondary School Students in F.S.T.C was not very easy since the researcher is only a part-time teacher.

- ii. <u>Time Frame</u> This research work involved students. And it is also a requirement for the award of Post Graduate Diploma in Education. Thus, the researcher needed to be fast enough to be able to finish it within the academic session of the programme she is pursuing.
- iii. <u>Cooperation from students</u> Some students were very lazy to use the workbook provided as one of the instructional materials for the research.

## 1.6 Delimitation

There are three Unity Schools in Taraba State. The researcher used the JSS Students in the Federal Science and Technical College (F.S.T.C) Jalingo as a case study. The study was conducted from September 2012 to March, 2013.

## 1.7 Research hypothesis

Ho<sub>1</sub>: There is no significant difference between the mean scores of students after being taught with instructional materials and without instructional materials.

 $Ho_2$ : There is no significant difference in the mean score of female students in experimental and control sessions.

Ho<sub>3</sub>: There is no significant difference in the performance of male students after they are being taught with the use of instructional materials and without the use of instructional materials.

Ho<sub>4</sub>: There is no significant difference in the mean score of experimental and control sessions of students of "13 years and above".

Ho<sub>5:</sub> There is no significant difference in the mean score of experimental and control sessions of students of "less than 13 years".

## 1.8 Operational definition of terms

The following terms were used in this study to mean:

- i. <u>Instructional Materials</u> All materials including instruments and resources that aid the teacher in realizing his/her objectives in the teaching-learning process. These include textbooks, charts, improvised workbook etc.
- ii. <u>Students' Performance</u> This is educational achievements of students in tests and/or examinations

# II. Methodology

#### 2.1 Research design

The research design was experimental. The pretest-post test were carried out and the mean scores of the tests were contrasted to test each of the hypothesis.

#### 2.2 Area of study

FSTC Jalingo is one of the unity schools in Taraba State. Just like every other unity school, it accommodates teachers and students from all states of the federation. It is a mix school where students of both sexes are given level ground to develop/prove their worth in their quest for knowledge.

Jalingo is the headquarter of Jalingo Local Government Area ((L.G.A) and also the capital of Taraba State. It is situated within latitude  $8^{0}23^{\circ}$  North of the equator and  $11^{0}53^{\circ}$  of Greenwich meridian. It has a landmass of 3,871sqkm with an estimated population of 118,000 people. Just like every other major town in Nigeria, Jalingo has all the features of a cosmopolitan city.

#### 2.3 Population for the study

This study was carried out in FSTC Jalingo using two JSS Classes A and B in each arm (J.S.S. 1 to J.S.S. 3) of the junior section of the school and the students in these classes were the main population for the study.

#### 2.4 Research instrument and instrumentation

The instruments used in the study were researcher prepared pretest and post test.

These tests scores projected the performances of students in the pre-test and post test that were administered.

#### 2.5 Validation of research instrument

The tests that were administered were drawn directly from the content of the lessons taught. The tests were scored in percentage. Then, the mean and the standard deviation of each of the tests and also the Z-test were calculated.

#### 2.5.1 content validity

The tests were placed side by side with the content of the lessons that were delivered to ensure that the items fell within the scope of the contents that have been selected for the purpose of the study.

#### 2.5.2Face validity

All words and items that would otherwise confuse the students were eliminated. The questions were well numbered and each option clearly written and separated from the other(s).

#### 2.6 Method of data analysis

The mean, standard deviation and the z-test were calculated and used in testing the hypotheses. The level of significance adopted form the basis for rejecting or not rejecting each of the hypotheses.

			III.	Resul	t And A	nalysis				
Table 1:	Pre-test	Pre-test and post test mean scores of students in Integrated Science in Junior Secondary								
	School	chool Section of Federal Science and Technical College, Jalingo, Taraba State.							State.	
Post Test										
Class	Pre-test Experimental			Control						
J.S. 3	60.61 66.22				64.00					
J.S. 2	59.68	9.68 65.68				57.88				
J.S. 1	58.92 72.19				56.95					
average	59.62 68.33			63.16						
Table 2:	Result of z-test analysis to determine if there is a statistically significant difference in the mean scores of the experimental and control sessions.									
Session/Mean score		Pre-test Post-Test			Mean ga	in	Standard Error		Z-value	
Experimental		59.62	68.33		8.71					
1							1.4	4676	0.4998	
Control		59.62	63.16		3.54					
Table 3:	Result of z-test statistical analysis to determine if there is significant difference in the scores of experimental and control sessions of female students.									
Session/Mean sco	ore	Pre-test	Pos	st-Test	Mean ga	in	Standard Er	ror	Z-value	
Experimental		54.51 68.57		13.96		2.8	3629	0.4998		
Control		54.51		58.52		4.01				
Table 4:	<b>I</b> e 4: Result of z-test statistical analysis to determine if there is significant difference in the mean scores of male students after being taught with instructional materials.									
Session/Mean sco	ore	Pre-test	Post	-Test	Mean ga	in	Standard E	ror	Z-value	
Experimental		56.70		67.13	U	10.43				
1							2.9	9990	0.4666	
Control		56.70		61.63		4.93				
Table 5:	Result of z-test statistical analysis to determine if there is significant difference in the mean scores of students of 13 years and below.									
Session/Mean sco	ore	Pre-test	Post-	Test	Mean	gain	Standard E	TOF	Z-value	
Experimental		56.42		68.36		11.94				
I							2.0	9490	0.4987	
Control		56.42		59.42		3.00		.,,,	0.1907	
Table 6:	Result of scores of	of z-test st of student:	atistical a	analysis t e 13 year	o determi s.	ne if the	re is signific	ant differe	ence in the mean	
Session/Mean score		Pre-test Post-Test			Mean gain		Standard E	TOF	Z-value	
Experimental 58.07		66.31			8.24		2.6374	0.4763		
Control		58.07		61.08		3.01				
In the study to fin	nd if anv	difference	e existed	in the ac	cademic r	erforma	nce of the pu	pils taugh	nt with instructional	
materials and the	ose taug	ht withou	it the use	e of inst	ructional	material	ls. Also, a z	test stati	istical analysis was	
employed to dete	rmine if	the differ	ence obse	erved is th	he mean s	cores co	nsidered wer	e statistic	ally significant.	

TABLE I shows an obvious difference in the mean scores of pupils taught with the use of instructional materials. The mean scores of the students when taught with the use of instructional materials and without the use of instructional materials were 68.33 and 63.16 respectively.

TABLE II shows the result of the z-test statistical analysis to test null hypothesis one  $(Ho_1)$  earlier stated. A z-value of 0.4998 was obtained at 0.05 level of significance. The hypothesis was therefore rejected because a statistically significant difference had been found in the mean scores of students taught with the use of instructional materials and without the use of instructional materials.

TABLE 3 shows the mean scores of female students before and after treatment. The mean gain in the experimental session was higher. And also there was statistical significance difference in the mean scores of students after they were taught with and without the use of instructional materials because a z-value of 0.4998 was obtained at 0.05 level of significance. Thus null hypothesis two (Ho<sub>2</sub>) was rejected.

TABLE 4 reveals a mean gain of 10.43 percent and 4.93 percent in experimental session and control session of male students. At probability level of 0.05, a z-value of 0.4666 was obtained. Giving a statistical significance difference. Thus, the null hypothesis three (Ho<sub>3</sub>) was rejected.

TABLE 5 shows that there was a remarkable mean gain in the post test scores of the experimental session when compared to the control. Also, at 0.05 level of significance z-value of 0.4987 was obtained. This shows that there was statistical significance difference between the mean scores of experimental and control session of students of  $\geq$  13 years. Thus, hypothesis four (Ho<sub>4</sub>) was rejected.

TABLE 6 reveals a mean gain of 8.24 percent and 3.01 percent in the experimental and control sessions of students of above 13 years. Also, at 0.05 level of significance, a z-value of 0.4763 was obtained. This showed that there was a statistical significance difference in the mean scores of the experimental and session group. Therefore, the null hypothesis five  $(Ho_5)$  was rejected.

#### IV. Discussion

The study clearly reveals that the use of instructional materials such as workbooks improved the quality of learning in the students. This agrees with the findings of [20] who also observed that teachers work more effectively when they use instructional materials. He also stated that the use of instructional materials provide an enriched classroom atmosphere. Also, [21] observed that where students engaged in the processes of science in their schools, the level of achievement in science was higher.

It was also found that both male and female students perform better when they are taught with instructional materials.

This study also observed that students of different age groups also perform better when they are taught with instructional materials. Instructional materials stimulates the various senses of the body. And thus, help students to learn better.

#### V. Conclusion

It is obvious from the findings of this study that there is statistical significant difference in the educational performance of students when they are taught with instructional materials than when they are not taught with them.

#### VI. Recommendations

Based on the finding from this study, the following are recommended:

1. Teachers should develop a positive attitude towards the use of instructional materials.

- 2. The time table planners should allocate enough time or more periods for teaching Integrated Science so that both teachers and students would have enough time for maximum utilization of the instructional materials.
- 3. The government through it's agencies, should assist schools by supplying instructional materials to them.
- 4. Teachers also should try and improvise instructional materials where the standard ones are not available.
- 5. School management should ensure that every student has the prescribed text book (Integrated Science text book) along side with the work book.
- 6. School management should also assist teachers who wish to improvise instructional materials by way of supplementing the cost, if not sponsoring it.

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